



# Checklist

## For Discussing End-of-Life and Funeral Plans with Family

### 1. Medical Preferences

- Resuscitation: Do you want to be resuscitated if your heart stops?
- Life Support: What are your preferences regarding life support machines?
- Organ Donation: Are you willing to donate your organs?
- Hospice Care: Do you have any thoughts on hospice care?

### 2. Funeral and Burial Wishes

- Funeral Service: What type of funeral service do you prefer (e.g. religious, non-religious, specific customs)?
- Location: Where would you like the funeral service to be held?
- Burial or Cremation: Are you inclined towards burial or cremation?
- Specific Requests: Any special wishes for the funeral service (e.g. music, readings, speakers)?

### 3. Financial Matters

- Wills and Trusts: Do you have a will or trust in place, and where are these documents located?
- Insurance Policies: What insurance policies do you have, and where are the policy details?
- Financial Advisors: Provide contact information for your financial advisors.

### 4. Legal Documents

- Will: Do you have a legally valid will, and where is it stored?
- Power of Attorney: Have you appointed someone to handle your financial affairs if you can't?
- Advance Healthcare Directive: Do you have a document specifying your medical wishes?

### 5. Important Documents

- List essential documents, including wills, insurance policies, and deeds.
- Specify where these documents are stored for easy access.

### 6. Contact Information

- Provide a list of family members and friends to notify in case of emergency.
- Include contact details for healthcare providers and legal advisors.

### 7. Review and Update

- Regularly review and update these plans and documents to keep them current.
- Inform your family about any changes or concerns that arise in the future.

This comprehensive checklist will help ensure that you cover all the essential points when discussing your end-of-life and funeral plans with your family, making the process more organised and comprehensive.